

June Events & Activities

Zumba Gold

Tuesday | Through June 24 | 6:15 – 7 p.m.

Instructor: Huet

Silver Sneakers Classic – Posture Renewal

Monday | Through June 30 | 11 – 11:45 a.m.

Wednesday | Through June 25 | 11 – 11:45 a.m.

Instructor: Rotha

Mindful Yoga

Tuesdays and Thursdays through June 26 | 10 – 10:45 a.m.

Instructor: Rotha

Balanced Bodies

Tuesdays and Thursdays through June 26 | 9 – 9:45 a.m.

Instructor: Rotha

Tai Chi

Mondays and Wednesdays through June 25 | 10 – 10:45 a.m.

Instructor: Leon

Power Walking

Fridays through June 27 | 9 – 9:45 a.m.

Instructor: Laura

Activities at The Branch Connection:

6/2 Breakfast

6/2 & 16 Shared Moments

6/4 & 25 Photo Club

6/6 Book Club

6/9 Intro to Microsoft Word

6/9, 16, & 23 Fly Tying Group

6/10 Advanced Greeting Cards

6/10 Grand Re-opening

6/11 Cookin' Club

6/13 Quilted Sneaker Workshop

6/18 Bingo

6/19 Texas Hold Em

6/20 Friday Franks

6/24 Tuesday Trivia

Re-occurring Weekday Activities:

- **Monday** – Zumba Gold, Team Chair Volleyball, Open Mah-Jongg, Thinkabilities, The Mixer, Teen Camp Technology Clinic, and Duplicate Bridge.
- **Tuesday** – Chair Yoga, Line Dancing (Lo & Hi Beginner), Dulcimers, and Fly Casting.
- **Wednesday** – Line Dancing (Improver), and Open Mah Jongg.
- **Thursday** – Team Chair Volleyball, and Instructional Quilting Group.
- **Friday** – Silver Sneakers Classic, Quilting Group, Neglected History, Party Bridge, and Fun Chair Volleyball.
- **Saturday** - Clogging

Trips

Month	Trip
June	Museum
July	Museum
Aug	Choctaw Casino
September	Museum
October	State Fair of Texas