# **April Events & Activities**

#### **Zumba Gold**

Tuesday | Through April 29 | 6:15 – 7 p.m. Location | Community Recreation Center

Instructor: Huet

#### Silver Sneakers Classic - Posture Renewal

Monday | Through April 28 | 11 – 11:45 a.m. Wednesday | Through April 30 | 11 – 11:45 a.m.

Location | Community Recreation Center

Instructor: Rotha

### Mindful Yoga

Tuesdays and Thursdays through April 24 | 10 - 10:45 a.m.

Location | Community Recreation Center

Instructor: Rotha

#### **Balanced Bodies**

Tuesdays and Thursdays through April 24 | 9 - 9:45 a.m.

Location | Community Recreation Center

Instructor: Rotha

#### Tai Chi

Mondays and Wednesdays through April 30 | 10 - 10:45 a.m.

Location | Community Recreation Center

Instructor: Leon

# **Power Walking**

Fridays through April 25 | 9 – 9:45 a.m. Location | Community Recreation Center

Instructor: Laura

#### The Mixer

Monday | April 14 & 21 | 7 - 9 p.m. Location | Venue 1842

# **Activities at the Farmers Branch Community Recreation Center:**

4/4 Book Club

4/7 Breakfast

4/7 & 21 Shared Moments

4/9 Cookin' Club

4/9 & 23 Photo Club

4/14, 21, & 28 Fly Tying

4/17 Texas Hold Em 4/29 Tuesday Trivia 4/26 Fishin' Fun

# **Activities at the Manske Library:**

4/7 - 4/24 Computer Basics I

# **Activities at Aquatics Center:**

4/8 Advanced Greeting Cards

Trips:

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Month	Trip
April	Local Cusine Lunch Connection
May	Arboretum
June	Local Cusine Lunch Connection
July	Baseball Game
Aug	Local Cusine Lunch Connection
September	Choctaw Casino
October	State Fair of Texas

# Re-occurring Weekday Activities: Community Recreation Center -

- Monday Fun & Team Chair Volleyball, Open Recreation, Open Mah-Jongg, Thinkabilities and Duplicate Bridge.
- Tuesday Line Dancing (Lo & Hi Beginner), Dulcimers, and Open Recreation.
- Wednesday Line Dancing (Improver), Open Recreation, and Open Mah Jongg.
- Thursday Fun & Team Chair Volleyball, Open Recreation and Instructional Quilting Group.
- Friday Quilting Group, Party Bridge, and Fun Chair Volleyball.

# **Aquatics Center -**

- Monday Open Art Group
- Friday Neglected History

# Manske Library -

- Monday - Evening Crafts