



Grant for Outdoor Fitness Court

Study Session Meeting | August 19, 2025

Requested By: Police Department





Blue Impact Grant

Background

- 1** Blue Cross and Blue Shield of Texas awards the Blue Impact Grant
- 2** The grant is a part of the 2025 Healthy Cities Campaign
- 3** Funds are for the construction of an outdoor fitness court for the public
- 4** The grant amount is up to \$60,000 with a required \$145,000 city match

Blue Impact Grant Scoring

Why

- Provide free, world-class outdoor fitness to the public
- Community engagement
- Public safety wellness

Where

- Justice Center



Police Department

Top Scoring Elements:

1. Strong community presence
2. Trail connectivity
3. Good site visibility





POLICE VS FIRE CHALLENGE

Functional Fitness
Assessment Program



COMMUNITY ENGAGEMENT ON THE FITNESS COURT®

Battle of the Badges
Police vs. Fire | Friendly Competition
Public Visibility

Officer Lead Workouts
Non-enforcement Contact
Positive Presence

Youth Mentorship
Active Role Models | Safe Interactions

Neighborhood Activation
Public Space | Trust-building | Daily Visibility

Wellness for First Responders
Officer Fitness | Mental Health
Leading by Example



FITNESS COURT

WORLDS BEST OUTDOOR GYM



7 MOVEMENT FULL BODY WORKOUT
FUNCTIONAL TRAINING SYSTEM
DIGITALLY ACTIVATED | COACH IN YOUR POCKET



CORE



SQUAT



PUSH



LUNGE



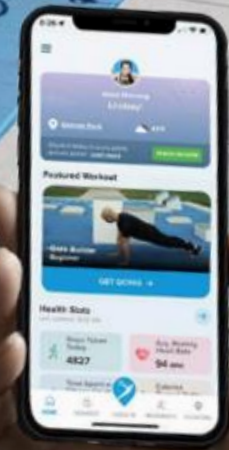
PULL



AGILITY



BEND



Discussion & Direction

