



Legislation Details (With Text)

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File created: 8/31/2021 **In control:** Senior Advisory Board
On agenda: 9/9/2021 **Final action:**
Title: Receive an update on the upcoming activities.

Sponsors:

Indexes:

Code sections:

Attachments:

Date	Ver.	Action By	Action	Result
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Receive an update on the upcoming activities.

BACKGROUND:

The Senior Advisory Board Hosts:

Game Night: Italian Cuisine | Casino Games

Saturday | September 18 | 5 - 9:30 p.m.

Doors open: 5 p.m.

Dinner & Casino Games: 6 - 9 p.m.

Fee: \$20

Calling all gangsters & flapper girls! Leave the jeans and hoodies at home and dress to impress, or even better, come as an alias! Remember the password we give you when you arrive for admittance to the Ballroom. It's going to be a night filled with casino games, dancing, and delicious Italian food!

Health Fair

Bringing Health and Wellness to The Branch Connection

Saturday | October 9 | 1 - 4 p.m.

Sponsored by: Oak Street Health

New! Stretch and Release

Mondays through September 27 | 10 - 10:45 a.m.

Instructor: Joyti

Mindful Yoga

Tuesdays and Thursdays through September 30 | 10 - 10:45 a.m.

Instructor: Rotha

Balanced Bodies

Tuesdays and Thursdays through September 30 | 9 - 9:45 a.m.

Instructor: Rotha

Silver Sneakers

Mondays through September 27 | 11 - 11:45 a.m.

Wednesday through September 29 | 1 - 1:45 p.m.

Instructor: Joyti

Tai Chi

Mondays and Wednesdays through September 29 | 10 - 10:45 a.m.

Instructor: Susan Davis

Power Walking

Fridays through September 24 | 8:15 - 9 a.m.

Instructor: Laura Franklin

Branch Bazaar!

Saturday | September 25 | 9 a.m. - 3 p.m.

Bingo!

Wednesday | September 1, 15 & 29 | 1 - 3 p.m.

\$1 per card

Must arrive by 12:30 p.m. to purchase cards

The Branch Connection will be hosting bingo. Join the fun, and be sure to let us know when you have a BINGO!

Activities at The Branch Connection:

- 9/1, 15, & 29 Photo Club
- 9/2 B12 Shots
- 9/3, 10, & 24 Neglected History
- 9/7 Alzheimer Support Group
- 9/8 Cookin' Club
- 9/10 & 9/22 Beginner Greeting Card 101
- 9/13 Book Club: *"The Glass Hotel"*
- 9/13 thru 9/23 Computer Basics
- 9/13, 27 Shared Moments
- 9/13, 20, & 27 Monday Night Dance
- 9/14 Advanced Greeting Card Techniques
- 9/14 Glass Etching
- 9/15 Garden Group
- 9/16 Texas Hold'em
- 9/27 Simple Serging 101
- 9/28 Tuesday Trivia-In House

New! DIY Painting Party

Thursday | September 23 | 11 a.m. to 12:30 p.m.

Wednesday | October 13 | 6 - 7: 30 p.m.

\$25, supplies included | Instructor: Calinda Locklear

Looking for some fun and seasonal decorations for your home or gift-giving? Join us as we paint and assemble some adorable new pieces. Beginner to experienced- all are welcome, and all supplies will be provided. Registration is required in advance so supplies can be prepared. Simple painting techniques, then a little bit of glue to bring it all together, and you get to take it home the same day.

New! Watercolor Painting

Thursdays | 11 a.m. to 12: 30 p.m.

Free | Instructor: Dr. Marsha Blount

All skill levels are welcome. Paint, brush, and paper are provided. Come paint in watercolor with others in this fun class as we talk about art. You will be guided in painting washes, color layering and critiquing, and how to finish your piece for displaying.

New! Acrylic Collage Demonstration

Tuesday | September 21 | 10 a.m. to 12 p.m.

Free | Guest Artist: Marie Renfro

Learn using various media to express emotional responses.

New! Camera 101

Wednesday | September 8 & 22 | 1 p.m.

Free | Instructor: Barbara Weaver

New to Shooting? Come learn the very basics of your camera and how to take amazing photos.

Emergency Readiness Preparation

Thursday | September 2, 9, & 16 | 1 - 3 p.m.

Supply Fee: \$10

September is National Emergency Preparedness Month! Are you prepared? Join us for a highly interactive class on 72 hr kits, go bags, bug out bags. The program provides a lot of information, ideas, tools, and step-by-step instructions to build or renew an existing kit.

Cruisin' Cuisine

Marty B's

Friday | September 24 | 11 a.m. to 2 p.m.

Fee: \$5 + Money for lunch

Iconic experiences with family and friends await you at Marty B's. Where the spirit of the Texas Hill Country is closer to home, along with all our favorite details. A welcoming modern ranch atmosphere and delicious Texas specialties

Re-occurring Monthly Activities:

- Monday -Art Class, Chair Volleyball, Duplicate Bridge, Evening Crafts & Thinkabilities
- Tuesday - Wii Bowling, Line Dancing (Lo, & Hi Beginner), Southwind Dulcimer, Health and Wellness discussion.
- Wednesday - Intermediate Mountain Dulcimer Group, Line Dancing (Improver), Open Mah Jongg, Table Tennis & Wii Bowling
- Thursday - Chair Volleyball, Instructional Quilting
- Friday -Chair Volleyball, Clogging, Table Tennis, Party Bridge & Quilting Group

Drive through Activities:

- 9/9 Random Acts of Kindness - Treats for the Farmers Branch Fire Department.

Meals:

- 9/13 - Breakfast 8:15 a.m.

Virtual Programs:

- Some programs are being offered in a virtual/in-person blend for those who do not wish to come in.