



Legislation Details (With Text)

File #: TMP-3706 **Version:** 1 **Name:** SAB Activies
Type: Report **Status:** Regular Agenda
File created: 10/5/2021 **In control:** Senior Advisory Board
On agenda: 10/14/2021 **Final action:**
Title: Receive an update on the upcoming activities.

Sponsors:

Indexes:

Code sections:

Attachments:

Date	Ver.	Action By	Action	Result
------	------	-----------	--------	--------

Receive an update on the upcoming activities.

BACKGROUND:

Craft Fair

Saturday | October 16 | 9 a.m. to 4 p.m.

No admission fee

When it comes to fun activities in Farmers Branch during the fall season, the annual Craft Fair is tough to beat. For those who want unique and memorable gifts for their loved ones along with beautiful décor to add to their homes, it's a can't-miss event. Check out this showcase of unique and lovingly handcrafted items and the people who made them.

This exciting event will be hosted at The Branch Connection, 14055 Dennis Lane and is free to the public.

Health Fair

Bringing Health and Wellness to The Branch Connection

Saturday | October 9 | 1 - 4 p.m.

Sponsored by: Oak Street Health

Stretch and Release

Mondays through October 25 | 10 - 10:45 a.m.

Instructor: Joyti

Mindful Yoga

Tuesdays and Thursdays through October 28 | 10 - 10:45 a.m.

Instructor: Rotha

Balanced Bodies

Tuesdays and Thursdays through October 28 | 9 - 9:45 a.m.

Instructor: Rotha

Silver Sneakers

Mondays through October 25 | 11 - 11:45 a.m.

Wednesday through October 27 | 1 - 1:45 p.m.

Instructor: Joyti

Tai Chi

Mondays and Wednesdays through October 27 | 10 - 10:45 a.m.

Instructor: Susan Davis

Power Walking

Fridays through October 29 | 8:15 - 9 a.m.

Instructor: Laura Franklin

Bingo!

Wednesday | October 13 & 27 | 1 - 3 p.m.

\$1 per card

Must arrive by 12:30 p.m. to purchase cards

The Branch Connection will be hosting bingo. Join the fun, and be sure to let us know when you have a BINGO!

Activities at The Branch Connection:

- 10/1: Neglected History
- 10/4: Monday Night Dance
- 10/4: Monthly Breakfast
- 10/4: Shared Moments
- 10/5: Alzheimer Support Group
- 10/7: B12 Shots
- 10/7: Phone Basics for iPhone and Android
- 10/8: Beginner Greeting Card 101
- 10/8: Neglected History
- 10/11: Book Club - *"The Night Watchman"*
- 10/11: Monday Night Dance
- 10/12: Advanced Greeting Card Techniques
- 10/12: Glass Etching
- 10/13: Cooking club
- 10/13: Photo Club
- 10/14: Random Acts of Kindness - Metrocrest Halloween Bags
- 10/18: Monday Night Dance
- 10/18: Shared Moments
- 10/19: Advanced Sewing
- 10/20: Beginner Greeting Card 101
- 10/20: Garden Group
- 10/21: Texas Hold'em
- 10/22: Neglected History
- 10/25: Monday Night Dance
- 10/26: Advanced Sewing
- 10/26: Tuesday Trivia
- 10/27: Photo Club
- 10/28: Windows Tips and Tricks
- 10/29: Neglected History
- 10/29: Movie Friday - *"A Quiet Place"*

New! Chalk Contour Design Lettering

Monday | October 25 | 2 - 4 p.m.

This chalk design will feature a joyful Christmas sentiment reminding you to relax during the hustle and bustle of the holidays.

New! Crochet Angels

Monday | October 18 | 2 - 4 p.m.

Instructor: Marthann Dafft

Decorate your Christmas tree, wreath or give as a special gift with a beautiful handmade easy to crochet angel ornament! Bring a steal #1.50 mm or #1.60 mm crochet needle and #10 size cotton thread.

New! Alcohol Inks Demonstration

Tuesday | October 19 | 10 a.m. to 12 p.m.

Free | Guest Artist: Maribeth Jagger

Exploring the vibrancy and spontaneity of alcohol inks.

New! Camera 101

Wednesday | October 6 & 20 | 1 p.m.

Free | Instructor: Barbara Weaver

New to Shooting? Come learn the very basics of your camera and how to take amazing photos.

Elder Abuse Discussion

Wednesday | October 13 | 6 p.m. | Free

Presented by Dallas County District Attorney's Office

Financial safety is the "gateway" issue to public safety for older adults. It affects housing, health choices, transportation, property crime, financial fraud, and exploitation. Learn about the latest phone scams, phishing, or other dangerous tactics criminals use to attack seniors and the elderly to ensure your financial safety and security at this FREE presentation.

New! DIY Painting Party

Wednesday | October 13 | 6 - 7: 30 p.m.

\$25, supplies included | Instructor: Calinda Locklear

Looking for some fun and seasonal decorations for your home or gift-giving? Join us as we paint and assemble some adorable new pieces. Beginner to experienced- all are welcome, and all supplies will be provided. Registration is required in advance so supplies can be prepared. Simple painting techniques, then a little bit of glue to bring it all together, and you get to take it home the same day.

New! Watercolor Painting

Thursdays | 11 a.m. to 12: 30 p.m.

Free | Instructor: Dr. Marsha Blount

All skill levels are welcome. Paint, brush, and paper are provided. Come paint in watercolor with others in this fun class as we talk about art. You will be guided in painting washes, color layering and critiquing, and how to finish your piece for displaying.

Trip

Texas State Railroad

Thursday | October 17 | 8 a.m. to 6 p.m.

Fee: \$25 + Money for lunch

Let's head out for the day to enjoy the Texas Railroad Depot rail journey that whisks you back into another century where you can take in the impressive Piney Woods to the Rusk Depot. After lunch the group will load into the bus to come back to The Branch Connection. Ticket sale does not include lunch. Bus will depart at 8:15 a.m.

Re-occurring Monthly Activities:

- Monday -Art Class, Chair Volleyball, Duplicate Bridge, Evening Crafts & Thinkabilities
- Tuesday - Wii Bowling, Line Dancing (Absolute, Lo, & Hi Beginner), Southwind Dulcimer, Health and Wellness discussion.
- Wednesday - Intermediate Mountain Dulcimer Group, Line Dancing (Improver), Open Mah Jongg, Table Tennis & Wii Bowling
- Thursday - Chair Volleyball, Instructional Quilting
- Friday -Chair Volleyball, Clogging, Table Tennis, Party Bridge & Quilting Group

Virtual Programs:

- Some programs are being offered in a virtual/in-person blend for those who do not wish to come in.