



## Legislation Details (With Text)

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**File created:** 10/13/2021      **In control:** Parks & Recreation Board

**On agenda:** 10/21/2021      **Final action:**

**Title:** Discuss the possible addition of a disc golf course in Farmers Branch; and take appropriate action.

**Sponsors:**

**Indexes:**

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Date	Ver.	Action By	Action	Result
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### Discuss the possible addition of a disc golf course in Farmers Branch; and take appropriate action.

#### **BACKGROUND:**

Staff is exploring the idea of adding a disc golf course to Rawhide Park. Kerry Phillips will present the idea to the Board and open it up for discussion.

Disc golf is a growing family and competitive sport with proven health benefits. These benefits include:

- Exercise
- Heart health
- Weight loss
- Better sleep
- Boosted energy and mood
- Fresh air and vitamin D
- Stress relief
- Way to connect with family and friends
- Meet new people and create new relationships
- Improve strategy and thinking skills

Disc golf offers a fun and exciting way to improve a person's overall health. This low-cost, high-value sport is a small investment with a tremendous potential return of benefits to our community.

#### **SOCIAL BENEFIT**

It offers visitors a fun, healthy way to exercise with friends and family.

#### **ECONOMICAL BENEFIT**

Equipment is surprisingly inexpensive to install and maintain.

#### **PROGRAMMING BENEFIT**

It can provide year-round competitive and recreational activities for our park.

TOURISM BENEFIT

A well-designed course will draw recreational disc golfers to our town for tournaments which will increase hotel nights.