



Legislation Details (With Text)

File #: TMP-3735 **Version:** 1 **Name:** PAR Disc Golf
Type: Report **Status:** Regular Agenda
File created: 10/13/2021 **In control:** Parks & Recreation Board
On agenda: 10/21/2021 **Final action:**
Title: Discuss the possible addition of a disc golf course in Farmers Branch; and take appropriate action.
Sponsors:
Indexes:
Code sections:
Attachments:

Date	Ver.	Action By	Action	Result
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Discuss the possible addition of a disc golf course in Farmers Branch; and take appropriate action.

BACKGROUND:

Staff is exploring the idea of adding a disc golf course to Rawhide Park. Kerry Phillips will present the idea to the Board and open it up for discussion.

Disc golf is a growing family and competitive sport with proven health benefits. These benefits include:

- Exercise
- Heart health
- Weight loss
- Better sleep
- Boosted energy and mood
- Fresh air and vitamin D
- Stress relief
- Way to connect with family and friends
- Meet new people and create new relationships
- Improve strategy and thinking skills

Disc golf offers a fun and exciting way to improve a person's overall health. This low-cost, high-value sport is a small investment with a tremendous potential return of benefits to our community.

SOCIAL BENEFIT

It offers visitors a fun, healthy way to exercise with friends and family.

ECONOMICAL BENEFIT

Equipment is surprisingly inexpensive to install and maintain.

PROGRAMMING BENEFIT

It can provide year-round competitive and recreational activities for our park.

TOURISM BENEFIT

A well-designed course will draw recreational disc golfers to our town for tournaments which will increase hotel nights.